3 New Clubs Organized

Gov. Bill Risbrook, along with his New Club Building Crew has built three new Kiwanis Clubs!

In the Long Island North Division Lt. Gov. Phyllis O. Burnett and New Club Builder Rev. Rosita George Williams organized the e-Kiwanis Club of Long Island North on Sept. 6, 2012. It is sponsored by the Glen Cove club.


The Kiwanis Club of St. Albans was organized on Aug. 20, 2012, sponsored by the Kiwanis Clubs of Jamaica, Cambria Heights and Flushing.

On Sept. 12, 2012, the Kiwanis Club of Bayside was organized, sponsored by the Kiwanis Clubs of Jamaica and Flushing.

As the weather turns a bit chillier, the days grow a tad shorter and the leaves turn into a rainbow of sparkling colors, the New York District of Kiwanis International enters into another year. Because space is limited, we say thanks to Governor Bill and his Boosters; a job well done.

My team of All-Stars understand that we are here to serve the membership, with the hope that all Kiwanians will serve their communities - and beyond - especially those children and their families who need the most help and encouragement.

This year, our theme is "ALL-STAR". To become an ALL-STAR team, we will need the entire membership to step up and be counted: no one player is any greater than any other. Growth, while an important element in our survival, will not be a primary theme: rather, developing stronger ties to what made you join Kiwanis - which will lead more members to make the transformation from "member" to "Kiwanian" - is our goal. If we have more Kiwanians putting Kiwanis first, we will create an environment that flourishes with great memories and motivation. These "M & M's, as I like to call them, will lead to a stronger district that will provide sustained growth and prosperity.

To do this, we need to eliminate the negativity that can undermine all the great things we do as a district. Instead of speaking negatively about Kiwanis or Kiwanians, let’s do what our grandmother's taught us and “say nothing at all, if we don’t have anything good to say.”

Dr. Jenny and I have come up with two projects that we believe will be special. Special because it will be the clubs that will decide how to best conduct and complete the projects. After all, Kiwanis Clubs know what their communities need most. The First Lady’s Project will ask you to empty your closets of slightly used clothing to give to local citizens who need a makeover to help them land a job or improve their current position. It is said that “presentation is 80 percent” of the effort. Let’s give them that boost of self-confidence and self esteem.

The Governor’s Project is near and dear to my heart. It is a literacy/book program. You can decide to buy school age appropriate books yourself, or through a vendor I’ve recently met, or you can go through your home library to see what your local schools/libraries/shelters can use. If our country is to have a vibrant future, we must make certain that our leaders of tomorrow can read and write today!

This Kiwanis year will be exciting and challenging. We are asking you all to do your part as a team. Next September, 2013, I’ll ask you if you feel greater self-satisfaction belonging to this wonderful organization than you started with on October 1, 2012. If your answer is “YES!”, then we have established ourselves as an ALL-STAR Team. Let’s go TEAM!!!
The start of a new Kiwanis Year brings with it the need to attend to certain records or reports.

Each club president and secretary should check to ensure that the information that Kiwanis International has for the club is correct. This can be checked through the Club Management area of the KiwanisOne.org website. Check to see that all of the 2012-13 Club Officers have been reported and that their contact information is correct. From the Secretary’s Dashboard see that the club's meeting information is current; that all of your sponsored clubs are listed with their current Kiwanis Advisors and that the link shown will indeed link to your club's web site.

KI and the NY District use this information not only to contact the clubs but also as the source for the information in the KI and District Directories and for club contact information on the web sites. Bad information there may prevent individuals interested in your club from being able to contact you - this could mean missed new members or new service opportunities.

During the coming years we are going to find that KI and the District will be relying on electronic reporting more and more. If your club secretary does not have access to the internet there is no reason to replace him/her - rather the club may designate as the assistant secretary a member with internet access who is willing to manage the club's online reporting.

All that is needed is an email from the club president to Member Services. The email should identify the individual who is to be the assistant secretary and request that he/she be granted "secretary access" in the KiwanisOne.org club management area. Once this is done the club will be able to add or drop members, file the monthly reports and attend to the other reports that KI wants to handle electronically.

Club secretaries please take a minute or two and double check to see if the club has filed the 2012-13 officers. At this time nearly 100 of our clubs have not reported the current officers. You should submit the report even if all the officers are repeating in the same offices as last year.

2012-13 Events

Oct. 1, 2012: New Administrative Year Begins
Feb. 22-24, 2013: Mid-Year Conference, Holiday Inn, Wolf Road, Albany
June 26-30, 2013: International Convention, Vancouver, British Columbia
Aug. 15-18, 2013: District Convention, RIT Conference Center, Henrietta
I wish to take the opportunity on behalf of myself and First Lady Dr. Lavenia to thank all of "Bill's Boosters" for a fabulous, fabulous year as your New York District Governor. Did we have fun.

First, let me thank everyone who attended this year's district convention in Niagara Falls. It was everything that we could have hoped for and more. It was informative, fun and exciting. Special thanks to Convention Chair Ron Parent and Lt. Gov. Candace Corsaro of Niagara Frontier North for all of their help. And thanks to Jack Hanrahan and the members of the Lewiston Club for their support, and of course, to Ann Sewert and Butch Springhorn for their time and hard work. We had more than 440 Kiwanians who attended the convention.

Congratulations to incoming International President Thomas DeJulio and Dr. Rosemary. I know you will have a great year. And thanks for making me part of your team. And also to International Foundation Board President Peter Mancuso and Circle K International President Josephine Lukito. I know you will both do a great job.

We are not winding down, we are gearing up. That was our rallying cry over the last three months of our year. And boy, did we ever gear up as a district by bringing in a huge number of new members to Kiwanis. In all, our district brought in close to 500 new members. I think that is something to be proud of.

In addition to that, we also started three new Kiwanis clubs during the last two months. Congratulations to Lt. Gov. Phyllis Burnett and New Club Building Rev. Rosita George-Williams for bringing in the new online e-Kiwanis Club of the Long Island North Division. Great job. Also, your own Gov. Bill helped to bring in two new Kiwanis clubs to his own division of Queens East. The Kiwanis Clubs of Bayside and St. Albans.

Special thanks to my Lt. Gov. Carson Johnson, my Executive Assistant Joseph Corace, and incoming Lt. Gov. Nodia Chambers for their help in building these new clubs. And a very special thanks to Past Gov. David Rothman for helping me build the Bayside club. Dave and I walked the streets of Bayside together in order to make this club happen. For that I will always be grateful to him. Thanks Dave.

Congratulations to our new governor, Albert E. Norato Jr. and First Lady Dr. Jenny Wang. I know you will have a good year. And to our Gov.-Elect Joseph Aiello and wife Carol, all the best.

And of course thanks to Justin Underwood, the greatest district secretary a governor could have. You cannot help but have a good year with Justin as your secretary and Joanne Underwood giving her support. They were our convention honorees. My Executive Assistant Joe Corace was great. He makes life easy for any governor.

I have only one word for all of my lieutenant governors, and that one word is FANTASTIC. What an incredible group of people I had as my lieutenant governors this year. It was great working with all of you.

And last, to my fiance Lavonia. I could never have done this without you. Thanks for being there by my side every step of the way. I love you.

And to everyone in the New York District for your love, help and support. May God bless and keep each and everyone of you always.

Kiwanis not Forgotten in Hudson

Barbara Macchiaroli of the Huntington Kiwanis Club was visiting her son in Hudson, New York, when she noticed two memorials that bear Kiwanis tributes: a large fountain in Seventh Street Park, and the Kiwanis Olympic Torch Memorial in the intersection of Columbia and Green Streets.

But there is no longer a Kiwanis Club in Hudson. She learned that the club was founded in 1972 but had ceased to exist in 1998. She was concerned about the condition of the fountain and didn't want the Kiwanis name to be lost. She visited City Hall, hoping to let the city know that a Kiwanian cared. She was later surprised when she got a call from an aide to the mayor inviting her to the lighting of the Kiwanis Olympic Torch to coincide with the opening ceremonies for the XXX Olympics in London. Everybody had been told that a Kiwanian would be attending, and she got a nice welcome at the ceremony.

Kiwanis has a good reputation in Hudson. The mayor's aide, Gene Shetksky, told her how the Kiwanis Club bought the first bulletproof vests for the city police before they were mandated by law. They also hosted annual banquets to honor the Columbia County law enforcement staff and fire fighters.
Nominations Sought For Christiano Award

Award Recognizes Distinguished Service

The New York District Past Governors Council wants to recognize and honor that "unsung hero," grass roots Kiwanian in your club with the New York District's highest Distinguished Service Award.

If you know of a Kiwanian who works tirelessly and continuously helping your club improve the lifestyle of disadvantaged citizens in your community and is seldom or never recognized for his or her efforts, you can reward them by submitting their nomination for this prestigious Distinguished Service Award. You may submit your nomination to any past governor.

Criteria:
The award is presented to one Kiwanian each year at the New York District Convention.
The honoree should be a living New York District Kiwanis member in good standing who has exhibited outstanding meritorious service to individuals in the community and has contributed in an extraordinary manner over a significant period of years to the advancement of Kiwanis.
Governor-elects, sitting governors and past governors are not eligible to be nominated for or receive this award.
Award presentation and expenditures will be furnished by the council only, and cannot be purchased by any club or individual.
Recommendations and proposals for award nominees must be submitted by a past governor and shall be presented in writing to the council chairman not later than Jan. 1 of each year.
Nominations can also be submitted to the current chair of the Past Governor's Council, Past Governor Joseph Corace, 2550 Ocean Parkway, Brooklyn, NY 11235.

KPTC
Albany
Rick Sturm

In the early 1990s, New York State Kiwanians and members of its associated youth groups initiated its Kiwanis Pediatric Trauma Program to establish statewide trauma units at hospitals located at Albany Medical center, Buffalo Children's Hospital and at North Shore Hospital on Long Island. These hospitals were chosen as they embody their region's lifeline for access to advanced and specialized health care for children.

Our Capital District Kiwanis effort for this project includes fund raising for the Pediatric Intensive Care Unit and most recently for the Neonatal Intensive Care Unit, both located at the Albany Medical Center.

Pediatric Intensive Care Unit

The Kiwanis effort for this project began in 1996 and has successfully raised $500,000 for the Pediatric Intensive Care Unit at the Albany Medical Center.

This unit's main function was to improve the medical outcomes of children suffering from life-threatening accidents. In addition, funding allowed space for families to be with their injured children during their recovery.

Since we began, thousands of critically injured children were care for in a new 16-bed, state-of-the-art unit that provided necessary care while allowing family access to the recovering children.

Neonatal Intensive Care Unit

During 2011, 800 premature and critically ill babies received care in the NICU. This unit needed more space and needed upgraded advanced technologies in life saving neonatal care while ensuring ample space for families to be with their babies at a very critical time.

The Kiwanis effort in this area began during 2011 as the result of a request from The Albany Medical Center for financial help to improve facilities and care for critically ill babies.

The Kiwanis goal is to improve technology through the purchase of multi-purpose beds affectionately known as the "giraffe." The giraffe envelopes tiny patients in warmth and comfort while continuously monitoring precious babies with life-saving technology.

Each giraffe has a cost of $50,000. We hope to purchase as many of these units as possible!

Incident Leads to CPR Training Effort

On the last morning of the Kiwanis International Convention in New Orleans, Hudson River West Past Lt. Gov. Ed Flynn suffered a cardiac arrest and dropped to the ground.

Minisink Valley Past President Rich Malarski and Past Lt. Gov. Jim Lawler saved Ed's life as they performed CPR until the ambulance arrived.
Elaine Flynn, Ed's wife of 61 years, who was at the presentation to add her encouragement, has set a goal to convince all the Kiwanians in the Hudson River West Division to be instructed in today's CPR methods as a tribute to Rich and Jim.
Elaine also is working with the Wawayanda Fire Company to make CPR lessons available to all of the Wawayanda senior citizens.
2012-13 Governor’s and First Lady’s Projects

This year’s Governor’s Project will be a familiar one, as Gov. Albert Norato Jr. is asking clubs to carry out programs designed to encourage reading.

The First Lady’s project asks clubs to get involved with community organizations helping unemployed people have suitable clothing when they go to job interviews.

Norato notes that it is a revival of the projects promoted by Distinguished Past Governor Patrick Cooney and Past Governor Justin Underwood.

Gov. Al tells a personal story behind his interest in promoting reading. When he was in elementary school his parents were warned that he showed signs that he would be a poor reader. His parents were determined not to let that happen and encouraged him to read, and he developed an interest in reading which has not left him and allowed him to progress in life and to become a lawyer.

He encourages clubs to contact their local schools to see if they need assistance, and if the answer is no, to reach out to schools in areas that don’t have Kiwanis clubs to lend a hand.

The First Lady’s Project being promoted by Dr. Jenny Wang asks clubs to partner with community organizations that are helping unemployed people have appropriate clothing when they go on job interviews.

She notes that many people have clothing that’s suitable and in good condition that they can part with to help someone who is trying to find a job. First impressions can make the difference in such a situation.

The project will benefit the children of those being helped.

Jenny notes that the donations can lead to tax deductions for the donors as well.

More information is available on the district web site, www.kiwanis-ny.org

![Aktion Club]

**Debra Rothman**

We had a great time at the District Convention in Niagara Falls with the help of several Aktion clubs at our display table.

Advisers and members of East Aurora, Buffalo, West Seneca and Niagara County Aktion Clubs helped to distribute literature and sell pins, “Niagara Falls for Aktion”. A donation of $925 for the Eliminate Project was given to Sister Anne Marie Kirmse at the House of Delegates. The members were given permission to enter the house and personally hand her the envelope. A big thank you to all of those that assisted.

We had a very successful workshop facilitated by myself and given by Jeff Sanderson and Richard Hermanson of Rivershore, advisors to the Niagara County Aktion Club and members of the Lewiston Kiwanis Club. They presented an educational slide show to those attending the workshop. I have asked them to do a repeat presentation at the Mid-Year Conference for those Kiwanians who were unable to attend.

We had three entries for the scrapbook contest: FEC/HRW Aktion Club, Ogdensburg Aktion Club and West Hempstead Court Aktion Club, and a poster and speech entry, both from Ogdensburg Aktion Club. West Hempstead Court Aktion Club came in first place for the scrapbook contest and it will be sent to Kiwanis International for the international contest. Both FEC/HRW AC and Ogdensburg Aktion Club received honorable mention. The two entries from Ogdensburg Aktion Club for the speech and poster contest were forwarded to Kiwanis International as well.

We will be hosting two mini-conferences for the first time, one in the western part of the state and one on Long Island. Thank you to all the advisers and committee members responsible for arranging these conferences. I am certain our members will have a wonderful time.

And finally, we had one new Aktion Club join us this year, welcome to Massapequa FREE Aktion Club, sponsored by the Kiwanis Club of Massapequa. As always, please visit us at Facebook...http://www.facebook.com/home.php#!/pages/NY-District-Aktion-Clubs/230243933653497.

![ESK Editor/ Webmaster]

**Martin Toombs**

It’s been three years now since the district web site was opened up for club and division news.

In the first year, there were 198 articles posted: the number grew to 246 in 2010-11 and to 272 for 2011-12. During that time more than 1,400 pictures have been posted.

During the past administrative year five articles were published each week telling of projects carried out by clubs around the district.

All clubs are invited to tell their stories. Pictures of service projects and fund raising projects are the best subjects.

Digital photography has reduced costs and speeded up the process of submitting pictures, and the web site has benefited from that. Now it’s time to move to next level - to improve the quality and subject matter of the pictures you submit.

Too many photos which are submitted consist of people posing for the camera, often with something in front of them such as a check. Such pictures won’t get much attention.

If you’d like your pictures to tell the story of your event, here’s what you can do:

• Take pictures of things happening, not people staring at the camera. Sometimes clubs will submit an article about a great event and a picture of a group of people all posing for a picture which appears to have been taken after all the activity was over. In the newspaper world pictures of people posing for a camera are called “grip and grins.” It’s not a compliment.

• Move in and photograph people doing the great things. Get the names of people in the pictures and send them along.

• Use a digital camera that’s at least 2 mega pixels. Some cell phone cameras and many older digital cameras are 1 mega pixel and won’t be good quality.

Once you’ve taken the pictures, submit them to webmaster@kiwanis-ny.org. And do it soon after the event when the interest will be greatest.

And while the scope of published pictures on the district site includes such things as sponsored organization activities, fund raisers, service projects and award presentations, some items are better suited for club web sites, such as meeting speakers, officer installations and new member inductions.

More information is available on the district web site at http://www.kiwanis-ny.org/photos.htm.
Albert Norato Jr. (above, left) was elected Governor for 2012-13 and Joseph Aiello (above right) was elected Governor-Elect at the District Convention in Niagara Falls. Both races were uncontested. At right, Susquehanna Lt. Gov. Diane Battisti, First Lady Dr. Jenny Wang, Levittown Club President Ann Torcivia and Norato at a forum discussing the Governor’s Project and the First Lady’s Project for 2012-13. Below, Aiello is congratulated following his election with his wife, Carole, and daughter, Samantha, looking on.
Above, the House of Delegates on Saturday. At left, Foundation President Sal Anelli conducts the annual Foundation meeting. Others on the upper dais are, from left, Foundation Board Member Joseph Battista, Gov. Bill Risbrook, Past Gov. Peter Mancuso and Past International President Tony Kaiser. On the lower dais are Board Members Ed Sexton, Frank Romeo and Mary Burns. Below left, the district’s Eliminate Project chair Sister Ann-Marie Kirmse speaks about the effort to end maternal and neonatal tetanus while Past International President Jerry Christiano and Linda Christiano stand behind her. Seated is Gov. Bill Risbrook. Below right, First Lady Dr. Lavonia Francis and Gov. Bill Risbrook during the reception for the convention honorees, Past Gov. and District Secretary Justin Underwood and District Builders Club Administrator Joanne Underwood.
The Year of Participation has finally arrived! Many of you have already been holding fundraisers and making club and personal donations, but during this year we are being asked to focus on the Eliminate Project.

What does that mean for us here in the New York District? I am asking each club from the youngest K-Kids to the oldest Golden K’s to hold at least one fundraiser FOR Eliminate during this year. You have many local community projects which are looking to your club for assistance. The Eliminate Project does not mean that these groups should be put on hold for the year. We can’t let down people who are counting on us. So please think of another way your club could raise awareness and funds to eliminate the scourge of maternal neonatal tetanus.

As you are planning, and perhaps even before you do so, think of the lives you will be impacting and the joy you will bring to parents and families who will not suffer the loss of a child. Many of you have seen some of the videos available on Kiwanis International website. If you haven’t, please look at these pictures of mothers with their babies. Linda Christiano has given a beautiful and heartfelt testimony of her own experience in visiting Sierra Leone last year with Jerry and their granddaughter Sophia, a Key Club member. Many of you heard Linda speak at the Mid-Year Conference and the Convention in Niagara Falls. If you weren’t fortunate to hear her in person, click on to the Sierra Leone link and hear part of her story there.

A good way to start is to ask yourself: “How many lives can I realistically try to save?” Five? Then I will give $9: Ten? $18: One hundred? $180, etc. At a club meeting encourage each other to think about how many lives the club wishes to save. Then set a goal that you will want to reach.

And so I set a challenge before ALL the members of the New York Kiwanis Family. I implore each club to have a fundraiser and each member to donate something - time, money, and/or both. I know that in these economic times not everyone can donate funds for a Zeller Award, but each of us can give SOMETHING. When the year of participation is over, I hope that each and every one of us can hold our heads up with pride and say, “I had a part in this.”

AFTER you have a fundraiser, please send me a description of it and a picture if possible. I hope to have a rolling scroll in what I am calling “Kirmse’s Korner” on the Eliminate section of the District website. Send it to me preferably via e-mail: kirmse@fordham.edu or by postal mail to my address on our website.

I will be awarding prizes for the most original fundraisers in each branch of the Kiwanis Family, so let your imagination soar!

As always, and even more so now, EXCELSIOR!
Kiwanis Dignitaries Attend Black & White Ball

The Kiwanis Pediatric Trauma Center Foundation was proud to host Kiwanis International President Tom DeJulio and the board member from Kiwanis International and the Kiwanis International Foundation at the annual Black & White Ball.

These dignitaries and guests from every corner of the New York District of Kiwanis paid tribute to Past International President Anton “Tony” Kaiser and his wife, Mim. Pictured below are Tony Kaiser, Mim and Kiwanis International President Thomas DeJulio; at bottom, Kiwanis International Eliminate Project Chair Randy DeLay, Eliminate Project International SLP Chair Sue Petrisin and New York Eliminate Project SLP Committee Circle K Rep Rickie Santer.

At right above, KPTC Service Leadership Committee members; lower right, New York Division 6 Lt. Gov. Paul DeSantis, DeJulio and New York Key Club Governor Daniel Ivan Linn.
Well, another new year has started but the challenge remains: we need to grow our membership so we have more people to do more service to help children locally, division and district-wide and internationally. It is EVERYBODY’s responsibility. We all need to be one of Al’s All-Stars.

Congratulations to Immediate Past Gov. Bill Risbrook and his Boosters for building four new clubs in 2011-12. PG Bill kept his promise by helping build two new clubs: St Albans, Bayside, Farmingdale, and the e-Kiwani Club of Long Island North. Please reach out and welcome them to the NY District!

In the last three administrative years, 2009-10, 2010-11 and 2011-12, we have built 12 new clubs which far exceeds the nine built over the previous 5 years from 2004-2009. New Club Building is making a turn for the better! We need to continue the momentum! Our dream goal is to build one new club in each of our new zones.

We will continue the zone set-up for both Membership and New Club Building for 2012-13 that I set up with Past Gov. Bill Risbrook. Gov Al Norato helped add a wrinkle to it: every chair in Zone Membership also is in charge of a District-Wide Chairmanship as well. Please look at the team, invite them to speak to your club and especially your division. They are all experienced, enthusiastic and willing to help you in any way possible.

Be sure to go to the district web page as all the revised programs with be available to you sometime in October: Distinguished Kiwanian, Interclub Contest (winners in each Zone will get NYD Convention free registrations), Project 39, Legion of Merit, Charter II, Membership Contest, and more surprises!

We look forward to helping all clubs have a successful year.

Initially we were trying to host a Key Leader Program in Long Island for November. Unfortunately we were unable to secure a camp that had all the necessary facilities.

We need a camp that has climate controllable cabins, a rope course for team-building exercises, a dining area with kitchen, a meeting area large enough for 80-100 people with work space, and last but not least it should be affordable.

Then we will need approximately 10 volunteer men and women to be chauffeurs. I have two dynamic individuals willing to be site coordinators and they are anxious to get us going. We are now setting our sights on a mid-winter timeframe, perhaps January/February.

For more information on Key Leader, please contact me at askmj@hvc.rr.com or visit the website at www.keyleader.org for an event coming your way.

The first weekend in May, May 3-5, there will be a Key Leader Program at Camp Stella Maris, in Livonia, near Rochester.

We ask that you start having students register in late February so we can prepare for camp. Enrollment is limited to 80 students, in order to secure this program we will need to reach 60 students to hold the program. We did a great job last May and we are counting on your continued support.

Registration is via www.keyleader.org and the costs are as follows: $200 per student, $175 per Key Club member, $115 per student facilitator (student facilitators will have to fill out extra paperwork and are usually returning students).

Refreshment donations are always appreciated as well.
The Kiwanis administrative year of 2011-12 is now in the books, I hope that we all made our communities a little bit better than before.

At the New York District Kiwanis Foundation, we certainly feel that we did, we served more than 640 underprivileged and challenged children and more than 75 seniors at Kamp Kiwanis. These children and seniors had a week where they experienced outdoor life, made new lifelong friendships, learned tolerance for each other and somewhere in there, their lives were changed for the better.

Thanks to our Kamp staff led by our executive director, Rebecca Lopez, these children and seniors have a fun week which they will remember for a long time to come.

As it happens every year, emergencies arise during the Kamp season. This year the most critical was the walk-in refrigerator that needed much attention as it is old and breaking down. Thanks once again to board member Herb Chan from the Staten Island club, we were able to repair it for the remainder of the Kamping season and we are now in the process of rebuilding it and also building a new walk-in freezer. Words are not enough to say thank you to Herb and his commitment to our Foundation and Kamp Kiwanis. This emergency among others are always unexpected costs that really put a crimp in our budget and keep me coming back to you for help.

I want to say a special thank you to Immediate Past Governor Bill Risbrook and the 2011-12 Bill’s Boosters for their kind donation to Kamp Kiwanis Military Kampers Program. Bill and his board were responsible for sending more than 55 children of active military personnel to Kamp this year, my sincerest gratitude and appreciation goes out to these fine Kiwanians.

Now for us it is the slow part of the season and as I explained many times, although at this time of the year the Foundation doesn’t receive many contributions, we do receive bills. Our electric, gas, insurance and payroll does not slow down, these are bills that come all year long, so I ask that you think about the Outreach Program. "Empire State Kiwanian"
The northeast U.S. should prepare for a surge in Lyme disease next spring. And we can blame fluctuations in acorns and mouse populations.

So reports Dr. Richard S. Ostfeld, a disease ecologist at the Cary Institute of Ecosystem Studies in Millbrook, New York. What do acorns have to do with illness? Acorn crops vary from year to year, with boom-and-bust cycles influencing the winter survival and breeding success of white-footed mice. These small mammals pack a one-two punch: they are preferred hosts for black-legged ticks and are very effective at transmitting Borrelia burgdorferi, the bacterium that causes Lyme disease.

“We had a boom in acorns, followed by a boom in mice. And now, on the heels of one of the smallest acorn crops we’ve ever seen, the mouse population is crashing,” Ostfeld explains. “This spring, there will be a lot of Borrelia burgdorferi-infected black-legged ticks in our forests and parks looking for a blood meal. And instead of finding a white-footed mouse, they are going to find other mammals -- like us.”

For more than two decades, Ostfeld, Cary Institute forest ecologist Dr. Charles D. Canham, and their research team have been investigating connections among acorn abundance, white-footed mice, black-legged ticks, and Lyme disease. In 2011, acorn crops were the heaviest recorded at their Millbrook based research site. And mouse population followed suit, peaking in this summer. The scarcity of acorns this fall will set up a perfect storm for human Lyme disease risk. Black legged ticks take three blood meals -- as larva, as nymphs, and as adults. Larva ticks that will feed on 2012’s booming mouse populations will soon be in need of a nymphal meal. These tiny ticks -- as small as poppy seeds -- are very effective at transmitting Lyme to people. The last time the research site experienced a heavy acorn crop (2006) followed by a sparse acorn crop (2007), nymphal black-legged ticks reached a 20-year high.

So be aware when outdoors. Unlike white-footed mice, who can be infected with Lyme with minimal cost, the disease is debilitating to humans. Left undiagnosed, it can cause chronic fatigue, joint pain, and neurological problems. It is the most prevalent vector borne illness in the U.S., with the majority of cases occurring in the Northeast. So if you think that a tick as bitten you or someone that you know, get it tested and insist on a blood test. We are trying to educate citizens and physicians about the impending surge in Lyme disease. So again be aware when outdoors.

If you know of someone with Lyme disease that is in need of financial assistance just give me or any member of the Lyme disease foundation a call. As always “Thank you all” for your help. Because without your donations and help we could not do what we do. That is help children.