**Penfield-Perinton Holds Annual Community Awards Dinner**

Kiwanis Club of PENFIELD-PERINTON Finger Lakes Division – presents funds throughout the community annually. Every year Kiwanis clubs generate funds through fundraisers and personal donations. At the end of each year the donations are given to charitable organizations and individuals in need. 100% of the funds raised are returned to the community.

This year at the annual community awards dinner that was held September 23rd at Napa Gino’s Restaurant, over $20,000 was awarded to various community charities. The club was honored to have in attendance Penfield-Perinton member Senator Jim Alesi who supported the club and helped Penfield-Perinton Kiwanis raise over $16,000. Alesi, a great Kiwanian, serves at the annual Ziti Dinner, and is a major sponsor of our charity golf tourna-ment. This year Golisano Children’s Hospital was chosen as the club’s major charity.

Organizations who received funds included the Penfield-Perinton, & East Rochester food pantries. With the economy the way it is, members felt they should sup-port these types of organizations so they can continue providing services to those in need. Birthrights of Rochester also received funds. Their work is so important; they help troubled pregnant woman from the beginning and help them along the way until they are capable of raising their children on their own.

This year MDA Telethon was a special one in honor of PLG Brent and Betty Myott’s grandson Andrew Longwell; a donation was made to the Rochester area MDA.

Last year, five Fairport high school graduates lost their lives in a horrific car accident. In memory of the victims, a “Dollars for Scholar’s” fund was established to help graduating seniors extend their education. Penfield-Perinton Kiwanians are very pleased to be a small part of this charity.

The Penfield-Perinton club received an alert from the Webster Club letting them know about 10 year-old Morgan Dammato and her fight against a rare blood disease. The many hours in the hospital, and the many miles the family had to travel to help Morgan fight this disease took its toll on the family and its budget – both parents work two jobs and try to stay ahead of the financial burdens of a sick child. Penfield - Perinton wanted to help. Last but not least, through PP Geddy Rai-nis, Aura Baulyte from Vilnius, Lithuania was introduced to the club. Baulyte works with children who have communication problems,

**Lyme Disease**

In the next ESK I will describe the Sym-poms of Lyme Disease.

How Lyme Disease Became Known

Lyme disease was first recognized in 1975 after researchers investigated why unusually large numbers of children were being diagnosed with juvenile rheumatoid arthritis in Lyme, Connecticut, and two neighboring towns. The researchers discovered that most of the affected children lived and played near wooded areas where ticks live. They also found that the children’s first symptoms typically started in the summer months, the height of the tick season. Several of the patients interviewed reported having a skin rash just before developing their arthritis. Many also recalled being bitten by a tick at the rash site.

Further investigation discovered that tiny deer ticks infected with a spiral-shaped bacterium or spirochete (which was later named Borrelia burgdorferi) were responsible for the outbreak of arthritis in Lyme.

In Europe, a skin rash similar to that of Lyme disease had been described in medical literature dating back to the turn of the 20th century. Lyme disease may have spread from Europe to the United States in the early 1900s, but health experts only recently recognized it as a distinct illness. Small rodents and deer play an important role in a deer tick’s life cycle.

Both nymphs and adult ticks can transmit Lyme disease, causing bacteria. The increase of the deer population in the Northeast and of housing developments in rural areas where deer ticks are commonly found probably contribute to the disease’s increased spread. Lyme disease has been reported in nearly all states in the United States, although more than 95 percent of all reported cases are concentrated in the Northeast, mid-Atlantic states, Wisconsin, Minnesota, and northern California. Lyme disease is also found in large areas of Asia and Europe.

Deer ticks lay eggs that turn into larvae that feed on mice and other small mammals. The larvae then develop into immature ticks called nymphs. The nymphs then feed on small mammals and humans. Adult deer ticks usually feed on deer during the adult part of their life cycles.

**Brittany Presented in honor of Fred Hess**

During the Bronx Westchester South Divisional Christmas Party, DPLG Angie Politano gave out another Britney Fellowship Award to Eileen Hess, in memory of her husband Fred Hess from Kiwanis Club of Parkchester.

**New York District Website**

www.kiwans-ny.org

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**Penfield-Perinton club members are working together**

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**How is your Builders Club doing?**

It is more important than ever to make sure that your Kiwanis Club is involved with your Builders Club; and, that your Kiwanis Club’s Builders Club advisor is in contact with your Builders Club Faculty advisor. Anytime of the school year is an extremely busy time for any school teacher. Taking on the role of advisor to a Builders Club makes it even more so. Anything your club can do to help get the Builders Club going and keep it active, can take a tremendous burden off their Faculty advisor. Your Kiwanis Advisor could offer to help facilitate a Builders Club meeting or project. Hopefully you have trained the Builders Club’s new officers in how to run a meeting (who does it, parliamentary procedures, agendas, etc.) and by just being at the meetings, in case the officer has a problem remembering how to do it, is a tremendous help. It is in your club’s best interest to see that your Builders Club is successful this year and every year.

Kiwanis has implemented a change to the builders Club fee structure this year. Beginning in October of 2008, each Builders Club was assessed an annual club fee of $150 instead of the previous amount based upon how many members the club had. This $150 was billed to the sponsoring Kiwanis Club. This new system replaces the old system where the individual Builders Club members had to pay the membership fee. Under this new system, the club can have any number of members and not have to go through the process of collecting from each one, dropping members from the club roster and adding new members during the year.

One important side effect of this new structure is that the Kiwanis Club really must be in contact with the Builders Club or at least the Builders Club Faculty advisor. In the past, some Kiwanis Clubs have charted a Builders Club and just let it be. When the Builders Club had problems, they were not comfortable coming to the Kiwanis sponsoring club, as they really had not developed any kind of relationship with Kiwanis and were not sure what Kiwanis could do. Your Builders Club is a wealth of opportunity for your club to help develop young leaders; to give Middle School aged students an opportunity to develop self esteem by not only working on their own projects but by helping your Kiwanis club with its projects; and, to spread the name and multiply the service Kiwanis does in your community.

When your club pays the Builders Club dues, you complete a form that asks where the materials (Membership cards, certificates, pins, etc.) are to be sent. If you have them sent to your Kiwanis Advisor, it is the perfect opportunity to have Kiwanis members attend a Builders Club meeting and give these to the Builders Club members. The kids will remember it was a Kiwanian that gave them pins.

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