

Circle K

John Keegan



We have just returned from Nashville, Tennessee where we attended the International Convention.

More than 350 members from around the world went into the Nashville community and did more than 4,000 hours of service.

The New York Circle K members just completed a very successful year under

the leadership of Governor Kelly Chan. She along with the District Board set goals at the beginning of their term. They were very successful meeting them. Service hours: 25,000, fundraising: \$49,000, membership: 1,100, All 33 active clubs paid dues.

During the convention, Kelly was elected to the International Board of Circle K, with responsibility for New York, New Jersey, Capital and New England districts.

The following awards were won:

- Distinguished District, Distinguished Governor Kelly Chan of Queens College and St. John's University.

- Distinguished Chairperson Richard Kim, of New Paltz University.

- Distinguished Secretary Sharmila Samwaru, Adelphi University

- Distinguished Lt. Gov. Kristal Gonzalez, Fordham University.

- First place for the Eliminate Project most funds raised overall by a District.

- Adelphi University first place for Eliminate Project fundraising average per member.

We were also very proud that Governor-Elect Eric G. Paul received the Outstanding Alumni Award.

The Circle of Service, the highest award that can be received by an individual, was received by our very own Assistant Administrator Alison Mandel.

Congratulations to all. A special thanks to all the sponsoring Kiwanis clubs and advisors.

Governor Elect

Eric G. Paul



As it is now July and we change to our summer gear and summer projects, I am looking back upon a half year of activity and looking forward to another half year of excitement and growth!

Following our Mid Winter Conference, I was fortunate to attend both our Circle K and Key Club District Conventions in Albany. As always, the excitement and dedication to community service at these events is contagious.

Congratulations to Circle K Gov. Kelly Chan and her board for a great

service year, which was honored in Albany and again in Nashville in June with awards and recognition including Distinguished District, Distinguished Governor, Secretary, Lt. Governor and Committee Chair!

New York was also honored as the District raising the most funds for the Eliminate Project. Kelly Chan was elected as an International Trustee. Our own Past Lt. Gov. Alison Mandel from the Elmira Kiwanis Club was awarded the "Circle of Service" Award for her unending dedication to the organization. And, I was honored to receive the "Outstanding Alumni Award" from Circle K International.

Our 2014-15 Board had a great Training Weekend in May, with Rich Hall, Alison Mandel and Kiwanis International's Lanton Lee doing a fantastic job in helping our board define goals, strengths, responsibilities and

what we will be all about as "Team Eric" heads toward our October 1 start.

It was a great convention week in Nashville where Circle K'ers performed 4,000 service hours in and around the city before the start of the official Convention. WOW.

As this goes to press our Key Club delegation is leaving for the Anaheim, California Key Club International Convention. All the very best to Administrator John Goldstein, Governor Jacob Spencer and their group on the way to California!

I look forward to seeing everyone in Albany at the Desmond in August, where we will have more educational forums than ever before, celebrate a great record breaking year with Governor Joe and First Lady Cookie, welcome International President Gunter and prepare for yet another great year. See you there!

Pediatric Lyme Disease

DPG John Gridley



As the summer approaches its high the number of Lyme disease cases rises throughout New York State, health officials urge outdoors enthusiasts to sharpen awareness.

Also, Lyme disease has quietly gained a strong foothold in the Rochester area, and health officials are now saying for the first time there have been numerous locally acquired cases of the tick-borne bacterial infection reported. No longer is Lyme disease something that Rochesterians catch somewhere else.

Today, a not-insignificant number of local deer ticks carry Lyme, creating the chance of exposure to the potentially se-

rious infection in local parks, fields, forests and even your own backyards. Several cases have come to light in the last few weeks. That gives us pause that there might be more on the way, and we might be getting into a higher level of risk than we previously had in the Rochester area.

Lyme disease is transmitted by tiny deer ticks that attach themselves to a person's skin. Symptoms can range from a mild fever to serious, long lasting neurological, cardiac or arthritic problems. Such is the case of a young girl in the Buffalo area by the name of Stephanie who we are at present helping financially.

People can prevent infection by avoiding tick prone areas (which is easier said than done) or by removing the ticks from their skin with Tick Kits provided by our foundation before the bacteria can take hold. Those common-sense tactics only work if people think to employ them, however, and there has been almost no local publicity about prevention

of Lyme disease, which most people don't realize is a local problem.

On July 25, 2014 the Pediatric Lyme Disease Foundation is having its first major fund raiser to help us continue to help young children with this dreaded infection. It is a night at the theatre, tickets are \$25 per person. Please contact the chairperson of the event, Jeanne Egan at post2004@att.net for tickets. If you cannot make the fund raiser please consider making a donation so we may continue to do what we do, and that is helping children with Lyme Disease.

As always if you know of anyone in need of financial assistance to help pay for treatment and/or medication contact me or any member of the foundation board.

Remember, the main thing is to keep the main thing the main thing, and in this case it's helping children.