



## Lyme Disease

John A. Gridley

### Lyme Disease: (When to act)

You should call your health care provider if you can't remove the tick or the tick's head; if fever or widespread rash occurs in 2 weeks after a tick bite; or if your child starts acting very sick. Lyme Disease had been divided into three stages.

#### Stage One:

##### 3 to 30 days after the tick bite

- A unique rash develops in 80% of infected people. The rash (called erythema migrans) looks like a large red ring or bull's-eye that starts where the person was bitten and expands in size.
- The rash at the bite becomes larger than 2 inches (5 cm) across. A small rash (the size of a dime or quarter) is not Lyme disease.
- The rash is neither painful or itchy.
- It lasts 2 weeks to 2 months.
- Many children develop additional smaller.
- Some children develop a flu-like illness including fever, chills, sore throat, and headache that last for several days.

#### Stage Two

##### 2 to 12 weeks after the tick bite

- Only about 15% of the people who have not received treatment for the disease develop Stage Two problems.
- The main symptoms are related to the nervous system: for example, stiff neck, weak facial muscles, and weakness or numbness of the hands and feet.
- A few children develop some problems with heart rhythm.

##### Stage Three: 6 weeks to 2 years after the tick bite

- About 60% of the people who have not gotten treatment for the disease will have Stage Three symptoms.
- Often these people have had no Stage Two symptoms.
- The main symptom of this stage is recurrent attacks of painful, swollen joints (arthritis). It usually affects the knees. The arthritis becomes chronic in 10% of children.

Call your doctor if you think your child might have Lyme disease and ask them to test for it. That is the most important thing to do. Just as a reminder, the Pediatric Lyme Disease Board will have its annual meeting at the District Convention in August and it is open to all.

## Cent. Adirondack Distinguished



**CENTRAL ADIRONDACK** one of nine clubs in the Central Division was honored with the distinguished status. In addition, Chris Gaige was honored as Distinguished President and Bob Van Slyke as Distinguished Secretary.

# Kiwanis and Suffolk Partner to Prevent Child Illness

**SUFFOLK EAST DIVISION** – In a bold step to provide critical education to doctors and nurses on how to help parents prevent serious illnesses in children caused by exposure to the poisons in secondhand smoke, Kiwanis Clubs of the Suffolk East Division have helped raise funding to support this program and made possible the full color printing of a children's workbook. The education program, created and implemented by staff from Suffolk's Health Department's Office of Health Education has been presented to Emergency Room doctors and nurses in hospitals and health centers throughout Suffolk County.

"Preventing illnesses in children by eliminating exposure to secondhand smoke by family members, visitors, and others who come into contact with a child reduces the child's risk for developing lung cancer and other life threatening illnesses later in life, reduces the number of days missed at school for these illnesses, lowers the amount of money parents must spend for doctor's visits and medication, and ultimately saves taxpayers thousands of dollars in taxpayer funded health care," said Walter Ladick Jr., Chairman of the Suffolk East Kiwanis Foundation for Health Promotion & Education.

Glenn Hollins, NYS Governor 2004-2005 added; "this program has been so successful



(left to right) Dr. Humayun J. Chaudhry D.O., MPA, Commissioner Suffolk County Department of Health Services; Suffolk County Legislator Kate Browning (3rd Legislative District) who provided a \$2,000 grant to the Kiwanis Club of Mastics for the program; Glenn Hollins, New York State Kiwanis Governor 2004-2005; Patricia Bishop-Kelly SC Dept. of Health, who is the creator of the program and author of the children's workbook; and Walter Ladick, Jr. Kiwanis Project Chairman.

that it was granted national recognition by the National Association of City and County Health Officials as a "Promising Practice."

This prestigious honor is validation to our combined efforts to keep kids healthy and safe."

# Franklin Sq Pres Donates Locks of Love



President Julie Davis-Olson preparing to donate to Locks of Love.



(left to right) Stylist Tara Altrui holding \$100 donation check for Locks of Love from Franklin Square Kiwanis, President Julie Davis-Olson holding hair donation & Allison Ciccarello owner of Salon Tika of Rockville Center.

## Booker Campaigns in Ontario Division



New York District Governor J. Donald Herring, Candidate for Governor-Elect David Booker and DPLG Joe Eppolito.

**ONTARIO DIVISION** – PLG David E. Booker, center, of Sand Lake, NY and candidate for Governor-Elect of the New York District shared with the Ontario Division his qualifications for Gov. Elect at a Council meeting in Liverpool.

A Kiwanis member for 26 years, he has served in numerous club and state posts - Lt.

Governor of Tri-State Division in New England and Lt. Governor of Van Rensselaer Division in eastern New York. He also takes part in several Kiwanis-related community activities.

Booker will visit various divisions of Kiwanis in New York State in his bid for Governor-Elect for 2008-2009.

## Fonda- Fultonville Cleans Community



Fonda Fultonville participates in a community wide clean up service project.