



Lyme Disease

John A. Gridley

NEW GUIDELINES FOR LYME DISEASE:

Newly updated guidelines on the diagnosis and treatment of Lyme disease were released this month, following an exhaustive evaluation of the infection and its aftermath.

The Infectious Disease Society of America based the guidelines on findings from clinical studies and change in treatment practices in recent years. Recommendations were last updated in 2000. Attention to the guidelines will aid physicians' diagnosis, and help patients better understand the disease, as stated by Dr. Gary Wormser, chief of infectious diseases at New York Medical College and lead author of the recommendations.

The updated guidelines, which are posted on the society's Web site, were written in response to mounting concern and confusion about Lyme disease. The condition is caused by infection with the bacteria *Borrelia burgdorferi*, primarily transmitted by the black-legged deer tick.

Dr. Wormser and a panel of Lyme disease experts found that if diagnosed early enough, 95 percent of Lyme disease cases are cured within 10 to 28 days, with use of oral antibiotics. However, if not diagnosed early a long term antibiotic therapy treatment regimen sometimes prescribed has not proven totally effective, can be very expensive and may be dangerous.

Anyone who experiences lingering symptoms with so-called chronic Lyme disease should ask their doctors if the diagnosis is accurate or they may have a different or new illness. Two important additions to the recommendations are: human granulocytic anaplasmosis –HGA – and babesiosis, two diseases transmitted by the same tick that transmits Lyme.

Symptoms of HGA include headache, fever, chills, muscle pain and fatigue. Babesiosis, a parasitic infection that affects the red blood cells, resembles malaria. Remember, if you are sick and cannot seem to get any better, ask our doctors to check for Lyme disease.

Garden City Has New Member



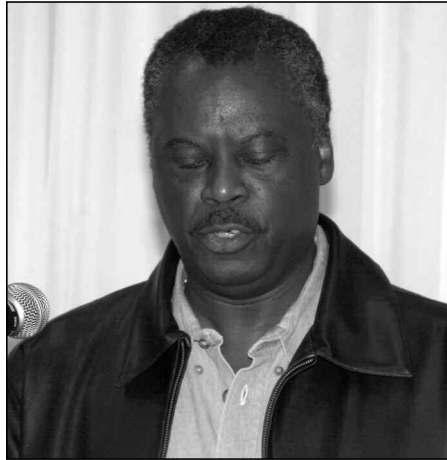
Garden City Club Pres. Richard Deremer and wife Jing, recently became the proud parents of first born son, Ryan Deremer. Of course the club and LIN has nicknamed him "RUPERT" so at their recent installation, Jing brought and introduced sir Ryan Rupert to the club, where LG Sue Martin was proud to pin him!

Sponsored Youth Advisors Support K-Family Weekend

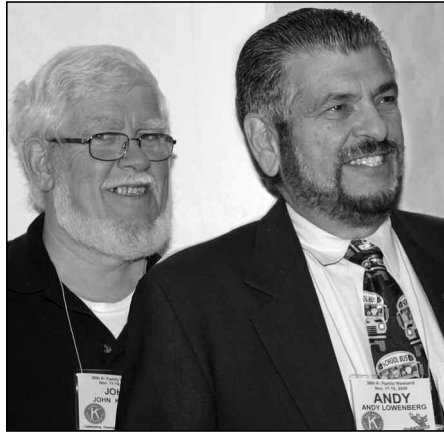
KIWANIS FAMILY WEEKEND, Hudson Valley Resort & Spa – The K Family Advisors are many times the unsung heroes of the New York District. They are devoted to their assigned jobs, dedicated to our youth with pretty much no fanfair. This K Family weekend, they were out in full force supporting, laughing and being role models for the newest crop of Key Club and Circle Kers. We applaud them for their efforts and recognize

them as the very best Kiwanis has to offer.

Although all helping hands were not captured in photos below thanks also goes out to: Key Club Committee members: Judge Robert Rosenthal, Mary Beth, Denise Detrano, Joe and Virginia Eppolito, Ed Sexton, Vincent Scott, Daniel Nagy and the Murrays. Also special thanks to Circle K Assistant Adm. Greg Faulkner and Diane Horan who are not pictured below.



Builders Club Administrator Carl Johnson is always on hand to encourage and support our youth.



Like proud poppas, Circle K Adm. John Keegan and Key Club Adm. Andy Lowenberg, smile at the achievements of their "babies."



Key Club Rep Dale Hall, Administrator/Financial Advisor Jim Farrell and Assistant Administrator David Vail attend Key Club Board Meeting.

Gravesend Member Michael Rizzotto Gets Involved



Michael Rizzotto, Gravesend's newest member, delivering food to St Simon and Jude RCC to replenish their pantry which helps feed the less fortunate.



Circle K Assistant Administrators Rich G. "Rich" Hall and Alison Mandel offer all their energies when it comes to Circle K.



Key Club Reps Len Gioia and Julie Albertson support Key Clubbers.



New Member Orientation

Peter J. Owens

Governor Joe has asked me to be District Chairperson for Community Services. He also told me to make it work and get every division involved from the outset. Since Kiwanis is all about Community Service this should be an easy assignment since each club is already knowledgeable to a great degree.

THE 2006-2007 PLAN – Each LG will appoint a Community Services Chairperson and send their name to me. Each Divisional chairperson will then proceed to have each club in the division appoint respective Community Service Chairs. This will give out project 28 Divisional Leaders monitoring their respective divisions by club.

We will suggest that Divisions couple up on projects where possible. Many hands make light work but do provide the largest results. It is also advisable for clubs to couple up to provide the largest resources to work in the neighborhood.

We will ask each Division leader to determine from the list below, which will be that Divisions main thrust. The overall object will be to place the entire resources of the entire division in a controlled basis to attack the objective and provide the most impact and optimistically a greater result.

THE LIST OF SERVICE PROJECTS:

1. Lyme Disease expansion
2. Kamp Kiwanis improvement
3. Boy or Girl Scout advancement
4. Food Kitchens support
5. Katrina Follow-up
6. KPTC assistance projects – Pediatric Kits
7. Reading or Book awareness programs
8. Your own special division program

We are asking LTG's to move now. Send the information to me via Email – [Pete@OwensBrokerage.com]. Designate name, division, club, and the adopted divisional emphasis project INCLUDING GOALS from the above listing.

If we direct our efforts en masse – through a concentrated method we can affect a greater and more successful good.

Larger exposure will also expose Kiwanis name to the public as well.

Set your goals – make them attainable – and we shall report all activity via ESK reports this year. I want to eliminate over 300 separate and divided club activities into more concentrated and forceful eventful results all over the state – division by division!!

We are just starting our year, let's put this on the agenda for your first divisional meeting. We will be advising LTG's under separate cover about this new revolutionary targeting program.