

## CPR Training

Louis Cazzetta Jr.



So what did everyone receive for Christmas, Hanukkah and your holidays this year? Some new clothes, gadgets, toys for your children and grandchildren.

Here are a few people in New York who received the ultimate present, the gift of life because of another persons training in Cardio-Pulmonary Resuscitation (CPR).

In October 2012 an anonymous Good Samaritan provided CPR to a 40-year-old tourist who was walking down 6th Avenue in New York City with his family. Hospital officials said he survived due to quick CPR.

On Aug. 6, 2014, a New York City police officer saved a 2-month-old by doing CPR. The baby was taken to Montifiore Hospital and survived.

Oct. 1, 2014, a Dutchess County police officer found a father with his 22 month old baby who was not breathing and performed CPR on the way to the hospital. Hospital officials credit the officer's quick actions with baby's survival.

These are just three of many success stories that happened throughout New York when people trained in CPR techniques acted quickly and made a difference. Governor Eric Paul and I know how important it is for every Kiwanian to learn basic CPR and the steps to take during a medical emergency, that is why the District Kiwanis CPR Initiative is so important.

We are asking each Kiwanis club to host or sponsor a community CPR class. Call your local volunteer rescue squad, Red Cross or American Heart Association chapter and see if you can work with them to offer an inexpensive basic

CPR class for your members and the community.

If you are coming to the Mid-Winter Conference and would like to take a community CPR class, we will be offering it on Saturday, Feb. 21 from 8:30 a.m. until noon. This will be an American Heart Association Heart Saver CPR and AED training which will include a student manual and certification card. If you, your club and family members are interested in taking the class at Mid-Winter or would like more information on sponsoring your own class, please feel free to contact me and I will do every-

thing possible to help. You can e-mail me at [Louis@Lessons-for-Life.com](mailto:Louis@Lessons-for-Life.com) or find me on Facebook under Lessons for Life: CPR and First Aid Training or the Kiwanis Club of Staten Island.

Kiwanians are without a doubt the most generous and charitable people throughout the world. Let's give our communities something different. Let's give ourselves and our communities the CPR training to possibly save another person's life. Is there any other gift more valuable than giving a person another chance at life? CPR saves lives - Learn it!

## 2015 Mid-Year Conference Schedule

### Friday, Feb. 20, 2015

Registration.....	3-7 p.m.
Board Luncheon.....	Noon-12:45 p.m.
Basket Raffle and Display Tables .....	3-7 p.m.
Board Meeting .....	1-4:30 pm.
Welcome Reception.....	3:30-6:30 p.m.
Welcome Dinner .....	6:30-7:45 p.m.
Opening Session .....	8-9 p.m.
Special Event: Karaoke.....	10 p.m.
Hospitality Rooms .....	10:30 p.m.

### Saturday, Feb. 21, 2015

Past Governors Breakfast.....	7-9 a.m.
Breakfast (on your own).....	7-9 a.m.
Lt. Gov. Elects Breakfast with Gov.-Elect Forbes Irvine.....	7:45-8:45 a.m.
CPR Class.....	8:30 a.m.-Noon
Registration (closed during lunch) .....	9 a.m.-5 p.m.
Basket Raffle and Display Tables .....	9 a.m.-5 p.m.
Forums .....	9-11:45 a.m.
Service Leadership Program Luncheon .....	Noon-1:30 p.m.
Forums.....	1:30-4:15 p.m.
On To Indianapolis .....	4-4:30 p.m.
Past Lt. Gov. Meeting.....	4:45-5:30 p.m.
Gala Reception .....	6-7 p.m.
Gala Governor's Dinner and Awards .....	7:30-10 p.m.
Hospitality Rooms .....	10:30 p.m.

### Sunday, Feb. 22, 2015

Breakfast (on your own).....	8-9:30 a.m.
Foundation Board Meeting.....	9-11 a.m.

*Schedule is subject to change.*

*See [www.kiwanis-ny.org](http://www.kiwanis-ny.org) for the latest information.*

## Bulletin, Scrapbook Contest Judging at Mid-Year Conference

### District Scrapbook Competition

All Clubs who participate in the New York District Scrapbook Competition will receive a maximum of 5 points (5 being highest - 1 lowest) in each of the following areas: Cover Design; Type Font Usage and Interesting Headlines; Use of Color; Use of photographs (action shots including participation); Photo captioning; Use of printed Newspaper and/or ESK articles; Inclusion of club activities and service projects; Kiwanis Branding; Creativity; Overall Commu-

nication about the Club.

Please bring your Club Scrapbook to our Mid-Year Conference. You may drop them off on Saturday morning 10 a.m. at the District Office Room.

If you are interested in being a judge please see Past Governor Bill Risbrook.

### District Bulletin Competition

All clubs who participate in the George H. Prout Past Governor Bulletin Awards Competition will receive a maximum of 5 points (5 being highest - 1 lowest) in each of the following areas: Layout and Kiwanis Branding; Use of Color; Ease of Reading and Communi-

cation; Spotlight on Membership; Use of photographs (action shots including participation); Photo captioning; Information about Place and Time of Meeting; Club Contact Information; Upcoming Club Events; Kiwanis Education

These awards are made based on the size of the club: Diamond Level for 76+ members, Ruby for 46-75 members, Emerald for 30-45 and Coral for 29 or fewer members.

Please send your Club Bulletins to PG William F. "Bill" Risbrook at 115-17 172nd Street, Jamaica, NY 11434 or e-mail at [wmajestic25@aol.com](mailto:wmajestic25@aol.com).